






May Group Fitness

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Next round of Boot Camp will resume in June. Contact us for more details!			1 REFIT 5:45pm Zumba & Drumming Otsego Prairie Center	2  Boot Camp 6:30pm ZUMBA 7:30pm Wear your funkiest leggings to class!	3 REFIT 9:15am	4 Cardio Drumming 8:00am Zumba 9:00am
5 CINCO de FIESTA 5:00pm \$20.00 Snacks & Beverages	6 Rev+Flow 4:15pm <i>Guest Instructor Nan</i> ZUMBA 7:30pm	7  Boot Camp 6pm Cardio Drumming 7:00pm	8 REFIT 5:45pm ZUMBA - Otsego 6:15pm	9  Boot Camp 6:30pm Shake what your MOMMA gave you! Dance Jam @ 7:30	10 REFIT 9:15am	11 STRONG MOMMA Fit Fest - 7:00am Drumming & Zumba Regular Times w/card
12  Drumming @ Otsego 6:30pm	13 Rev+Flow 4:15pm ZUMBA 7:30pm <i>Wear your funkiest leggings to class!</i>	14 FREE Cardio Drumming 1 Year Anniversary 7:00pm (Max. 30)	15 REFIT 5:45pm **NEW** Barre Sculpt 7pm Zumba & AMPD Flow Otsego Prairie Center	16 ZUMBA MASH-UP 7:30pm	17 REFIT 9:15am	18 2 for 1 Drumming & Bells 7:45 - 8:30am <i>Guest Instructor Nan</i> ZUMBA 9:00am
19 Step Tabata 5:30pm (Max. 12) Drumming @ Otsego 6:30pm	20 Rev+Flow 4:15pm 2 for 1 7:00pm "Gun" Show 7:30pm Zumba	21 Cardio Drumming 7:00pm	22 REFIT 5:45pm Barre Sculpt 7pm Zumba & AMPD Flow Otsego Prairie Center	23 ZUMBA 7:30pm	24 REFIT 9:15am	25 Park Workout @ 8am Drumming @ 9am - Min. 8 Required -
26 STUDIO CLOSED	27 STUDIO CLOSED	28 STUDIO CLOSED	29 REFIT 5:45pm Zumba & Drumming @ Park Otsego Prairie Center	30 2 for 1 7:00pm "Guts & Butts" 7:30pm Zumba	31 REFIT 9:15am Couple's Drumming 6:30pm \$15.00 per couple Beverages Included	

REGISTRATION IS DUE 24 HOURS IN ADVANCE - [CLICK HERE TO REGISTER](#)

NEW MEMBERS: Please contact us with any questions. We encourage you to bring water and carry in clean workout shoes. We reserve the right to **CANCEL** all classes not meeting at least 6 participants. Contact us if you have any questions!